

DOCUMENT RESUME

ED 142 303

PS 009 411

AUTHOR Biemiller, Andrew; And Others
TITLE Competence Supporting Aspects of Day Care
Environments: A Preliminary Study.
SPONS AGENCY Toronto Univ. (Ontario).
PUB DATE Jun 76
NOTE 26p.; Paper presented at the Canadian Psychological
Association Convention (Toronto, Canada, June, 1976)
; Research supported by the Humanities and Social
Science Research Council of the University of
Toronto

EDRS PRICE MF-\$0.83 HC-\$2.06 Plus Postage.
DESCRIPTORS Behavior; *Child Care Centers; Child Development;
*Classroom Environment; *Classroom Observation
Techniques; Day Care Programs; Early Childhood
Education; *Interaction Process Analysis; Preschool
Children; Rating Scales; Research Methodology;
*Skills; *Social Relations
IDENTIFIERS *Human Interaction Scale; Social Competence

ABSTRACT

This study examined the applicability of Watts' Human Interaction Scale to day care settings, and was also concerned at a more general level with the question of whether it is possible for day care settings to approximate good homes. Six 2-year-olds in each of two day care centers were each videotaped for a total of 45 minutes in a variety of behavioral settings. Results indicated that: (1) the scale can be used in group settings with the addition of a distinction between adult/individual interaction and adult/group interaction; (2) interaction involving activities and interaction techniques which Watts found associated with high competence development occurs most frequently in structured activities and to some extent in free play settings. Also discussed: other results involving differences in the two day care centers; the adult/group mode of interaction; behavior setting sampling; adult responsiveness; adult/child ratios; quality versus quantity of interaction; and assessment of the direct impact of day care environments on the development of competence. It is concluded that day care can provide experiences comparable to good homes. (MS)

* Documents acquired by ERIC include many informal unpublished *
* materials not available from other sources. ERIC makes every effort *
* to obtain the best copy available. Nevertheless, items of marginal *
* reproducibility are often encountered and this affects the quality *
* of the microfiche and hardcopy reproductions ERIC makes available *
* via the ERIC Document Reproduction Service (EDRS). EDRS is not *
* responsible for the quality of the original document. Reproductions *
* supplied by EDRS are the best that can be made from the original. *

Competence Supporting Aspects of Day Care Environments -
A Preliminary Study

THIS DOCUMENT HAS BEEN REPRODUCED EXACTLY AS RECEIVED FROM THE PERSON OR ORGANIZATION ORIGINATING IT. POINTS OF VIEW OR OPINIONS STATED DO NOT NECESSARILY REPRESENT OFFICIAL NATIONAL INSTITUTE OF EDUCATION POSITION OR POLICY

Andrew Biemiller, Carole Avis, and Anne Lindsay¹
Institute of Child Study
University of Toronto

(Paper presented at the Canadian Psychological Association Convention,
Toronto, June, 1976)

The specific research reported in this paper concerns the applicability to day care settings of environmental categories developed by Jean Watts for the study of infants' and toddler's home environments. At a more general level, we are concerned with the question of whether it is possible for day care settings to approximate "good homes".

How shall we know what a "good home" is? In the relatively recent past, developmental psychology tended to steer away from this question. In part, we suspect this was a reaction to excesses in the mental health movement, and in part a scientific judgement that we simply did not have any good evidence on the subject.

Lately, there has been a renewed interest in practical problems of child care and parenting. In part, this interest is an outgrowth of the extensive work on compensatory education - and on the growing suspicion that educational environments, particularly part-time preschool environments, cannot by themselves reverse the consequences of poor development during the first three or four years of life. In part, renewed interest in child care reflects broadening theoretical interest in the cognitive and emotional development of children during the first three years. And in considerable part, interest in quality child care has been spurred by the research and publicity about the research of two specific people - Burton White and Jean Watts.

If we are to define "good homes" - or rather "good child-rearing environments" - we must be able to describe the outcomes of such environments - presumably

1. We wish to thank the University of Toronto's Humanities and Social Science Research Council for a grant in support of this research.

"good children". The current, slightly less loaded term, is the "competent child". There appears to be a growing convergence in the research literature describing such children. Several writers note advanced skills in the area of communication (White and Watts, 1973; Ainsworth, ^{& Bell} 1973; Clark-Stewart, 1974; Fowl¹⁹⁷²er; Prescott, 1975 and Murphy and Moriarity, 1976. These writers also note various other evidences of advanced cognitive skills. That "competent children" should show early evidence of what we colloquially call brightness comes as no surprise. What is perhaps more interesting is the stress that most of these writers also place on social competence. By the age of three, and for some writers by the age of one, some children are apparently markedly more effective at gaining and maintaining adult attention and assistance in positive ways. The same phenomenon is sometimes described as a characteristic of the child (White and Watts, Prescott, Murphy and Moriarity), sometimes as a characteristic of interaction between child and adult (Ainsworth) and sometimes as a characteristic of the adult (Clarke-Stewart). Measurement appears to be the same in all cases - observation of adult-child interaction. Prescott's and Cazden's 1973 data on children in day care centres clearly suggest that by age three the ability to gain adult attention and support has become a child characteristic which appears to be somewhat independent of who the adult is.

Thus we have the beginnings of a description of the competent child - one who is bright, and who is effective at gaining adult support. It must be noted at this point that we lack empirical longitudinal evidence on the later outcomes of such children - but it must also be admitted that intuitively we suspect that such children do for the most part continue to thrive in our school systems and probably our society. A second caveat that must be stressed is that there are probably substantial constitutional factors of both cognitive and temperamental natures affecting the development of competence as defined here. (See, for example, the work of Thomas, Chess, and Birch, 1968, and Murphy and Moriarity, 1976)

There is, however, considerable evidence that environmental aspects play a major role in the development of both social and non-social competence, and that the two

may well be closely related. For example, Ainsworth (1974) notes that children who have been treated responsively - with quick and appropriate responses to their cries and signals during the first year of life - show greater communication skills and more cognitive schemas at 12 months, and higher I.Q.'s at 17 months. Clarke - Stewart (1972) reports similar findings.

The White and Watts Study

White and Watts have not focussed specifically on adult responsiveness, although their data on "social competence" would appear to index a similar phenomenon. Watts in particular, has identified a number of "environmental" variables (really mother-behavior variables) which are associated with the development of non-social and social competencies.

The White and Watts study involved observation and testing of two groups of children - type A who were expected to develop well on the basis of the performance of older siblings, and type C who were expected to develop poorly on like evidence. Assessments of social and non-social competencies confirmed these expectations between one and two years of age, and between two and three.

Watts' environmental measure, called the "human interaction scale" focusses on two main classes of variables: Activities and Techniques of Interaction. The Activity around which an interaction takes place is classified in terms of the opportunities for learning the activity provides. Watts' classification of activities is summarized in figure one. She also classified interactions in terms of the technique of interaction used by the adult.¹ Watts' classification of technique is summarized in figure two.

Figures 1 & 2 about here

-
1. Watts' approach implies a one-way direction of effects - from adult to child. Improvement would adopt a two-way approach - noting child's techniques with adult.

Using these two classification schemes,² Watts coded observational data sampled between 9:00 a.m. and 5:00 p.m. for each child in the study's "A" and "C" homes. Briefly summarized, her data indicate:³

1. That "A" mothers spend more total time with their children (32 vs. 22 per cent)
2. That most of the difference in time spent with children is accounted for by highly intellectual activities" (10 vs. 3 per cent of total time)
3. That "A" mothers spend more time using "teaching techniques" (4 vs. 1 per cent)
4. That "A" mothers spend more time using "facilitative" techniques (8 vs. 11 per cent).

These results, while not pointing directly to responsiveness on the part of adults, hint at it both through the overall differences in time spent interacting with the child, and in time spent ^{using} facilitative techniques (e.g. providing service and assistance, providing materials, participating, etc.) The results do point to direct efforts to increase cognitive (e.g. "highly intellectual") skills.

The Present Study

The present study was a pilot effort to apply Watts' Human Interaction Scale to day care environments - specifically in two day care centres. The focus of concern was on the environments, not the outcomes. We can ask whether, in certain ways, these centres look like Watts' "A" or "C" centres. We cannot ask how the centres influence whether the children look like "A" or "C" children at age two without knowing what the children were like before entering the centre, and without knowing what the children's homes are like. This would obviously involve a major

-
2. Watts developed a number of other indices which are not reported here.
 3. Data presented here refer to Watts data for ages 22 and 26 months. Similar trends but different absolute figures were obtained at other age levels.

longitudinal study.

The two centres studied are both licensed day care centres in Toronto. Both provide care for infants and toddlers. One (Henceforth referred to as "Centre One") is part of a student training programme, and has been involved in a major research programme concerning the development of curricula for infant and toddler day care. This centre is not entirely dependent upon fees for its operations. The other (Henceforth referred to as "Centre Two") is a private centre, entirely dependent on fees for costs, and without any significant source of students or volunteers to supplement staff. The effective adult-child ratio at Centre One was approximately 1:3 while at Centre Two the ratio was approximately 1:6.

Sampling. Six children of 22-26 months were observed at each centre, matched for age and sex. Each child was observed for a total of 45 minutes spread over the period 9:00 a.m. to 5:00 p.m. during January and February, 1975.

The first three children in each centre were videotaped for three 15 minute intervals - morning, lunch, and afternoon, with one observation outside. A review of the study at this point indicated that more sophisticated sampling of the two environments would be appropriate.

Roughly using Barker's (1968) conception of "behavior settings," we undertook a behavior setting survey at each centre in order to determine the various aspects of each environment which ought to be sampled. These surveys were conducted by observing six sample children at centre one and five sample children and another child at centre two between 9:00 a.m. and 5:00 p.m., excepting lunch and sleep times. Every 10 minutes, each child's location, activity, and mode of interaction (alone, adult - individual, adult-group, peer individual, or peer-group) was noted.^a On the basis of these surveys and of the regular schedules of the

a. In a future study, we would sample either more frequently or more children.

the centres, behavior settings and average time in each setting were determined. These data were used to determine observation schedules for the second three children in each centre, and for weighting observed data in order to estimate overall types of experience received by the children in each centre. Descriptions of the behavior settings are provided in the Results Section.

The second three children in each centre were videotaped for six intervals of 7 to 8 minutes each, again totalling 45 minutes. The six intervals were to include indoor and outdoor play in the morning and indoor play in the afternoon. At centre one, where two different playrooms were used (one for gross-motor activity), at least one interval was scheduled in the downstairs room. Lunch was not included as data from the first three children indicated little variation within or between centres in this setting. Structured Activities (adult-led teaching, stories, games, and songs) were picked up as they occurred as were transitional and toilet settings. (Insufficient instances of the latter were observed and they had to be excluded from the final analysis of the data).

Coding Procedures. The data were coded according to instructions for Watts' Human Interaction Scale (White and Watts, 1973, pp⁴⁶⁸⁻₅₀₅.) with the following modifications:

1. Two modes of interaction with adults were identified: adult-individual and adult-group.
 - a. Adult-individual interaction consists of situations in which an adult is interacting directly with the subject child. This includes both 1:1 situations, and group situations when the adult is speaking directly to the subject child.
 - b. Adult-group interaction consists of situations in which the child is a member of an adult-led group, and is attending to the group's activity (based on eye focus) but not being directly addressed by the adult. (Note - this includes situations where the subject child is in the adult's lap.)

Having determined whether an interaction was in the group or individual mode (it could shift back and forth easily), the interaction was then coded for activity and technique according to Watts' category definitions.

2. Watts' scheme specifies coding of who initiates activities but not who initiates interactions. We coded these separately.
3. Watts codes child compliance to adult requests or suggestions, but not adult compliance to child requests or suggestions. We added this.

Coding Reliability. The three authors spent a considerable period training in the use of Watts' scale with videotapes. Recoding of data by the senior author from four 7 minute tapes coded by each of the other authors never varied by more than 2 percentage points in percentages of time assigned to various Activity or Technique categories. These variations are substantially smaller than the main differences which will be described in this study.

Results

Behaviour Settings. We observed seven behavior settings at Centre A and six at Centre B. These are shown in Fig. Three. Other settings, including naps and walks, were not observed due to time limitations and weather.

Fig. Three

Behaviour Settings by Centre

Centre A

Freeplay-upstairs Children are free to use a variety of small toys, construction materials, clothes, doll centre, or look at animals or out the window. Several adults available to read to children, deal with altercations, provide assistance, and sometimes make suggestions.

Freeplay - downstairs This room is more oriented towards gross motor activities including large wheeled toys (rideable and pushable), and climbing equipment (sometimes), as well as dolls, blankets, and other toys. Again, adults are available to provide assistance, suggestions, and reading.

Structured Activity Groups of two to four children work with an adult in any of a wide variety of tasks involving creative materials, books, and other activities. Verbal labelling and concept development is stressed.

Outside Children play with large-motor toys or with snow, sleds, or other children. (This was the only setting at Centre A in which we observed a noticeable amount of spontaneous peer interaction). Adults keep watch, provide materials, and sometimes participate with the children.

Eating This includes both the main noon meal and morning and afternoon snacks. Children generally sit in a circle or at a table and are provided with food by an adult.

Centre B

Freeplay Children are free to use a variety of small toys, or look out of the window. Some creative materials are usually supplied - without adult direction. Music is usually played. One adult available to provide materials and deal with altercations. Some spontaneous peer interaction observed.

Structured Activity The entire group (10 to 12 children) sings, dances with adult, or is read to. Some effort to build vocabulary and concepts.

Outside. Children play with large motor toys and on equipment. Some spontaneous peer interaction observed. Adults limit own activity to preventing accidents.

Eating (same as centre A)

Transitions Not a behavior setting
per se, this includes movements from
one setting to another and getting
into or out of snowsuits.

Toilet One or two children at a time are
taken to the toilet. In addition to
toilet routines, this setting is used
for language development with pictures
on the wall and general discussion.

Transitions (same as centre
A)

Toilet Four or five children
taken at a time to the toilet
No adult-child interaction
beyond basic toilet routines.

Table one shows the proportions of time spent in different behaviour settings each centre. Centre One provided somewhat more time in freeplay settings (39 minute Centre Two provides somewhat more time in structured activity (16 minutes), outside (8 minutes), eating (7 minutes), and transitions (7 minutes).

It is possible that some of the differences in setting times are influenced by the higher ratio of children to staff in Centre Two. For example, eat and transitions (dressing, etc.) probably take longer when there are fewer adults to assist the children.

Table 1 about here

Total Interaction Time with Adults Table 2 indicates that in Centre One, children received about 167 percent more adult-individual interaction than children in Centre Two (57 versus 20 minutes). ^{Centre one children received 26 per cent more adult-group interaction (48 vs. 37 minutes).} Thus total adult contact time during the period observed (9-11:30 and 2:30-5:00, not including transition and toilet settings) amounted to 105 minutes or 38 per cent of total time at Centre One and 61 minutes or 22% of total time at Centre Two. Comparisons with Watts' findings will be presented further on in this paper, but we will note here that Watts' "A" toddlers were interacting with adults 32 per cent of observation time while her "C" toddlers were interaction 22 per cent of the time.

Table 2 about here

Proportions of interaction time differed substantially by setting in both Centres. Structured activity settings resulted in the highest levels of interaction in both settings (75 per cent of structured activity time involved adult interaction at both centres).

Eating involved little interaction in both centres (about 15% of time, mostly involving supply of food.) The centres differed in amounts

of adult interaction in freeplay (36 versus 11 per cent) and outside (30 versus 0 per cent). Considerably more adult-individual interaction occurred in freeplay and structured activities in Centre One.

Activities Table 2 also presents data concerning Activities. In Centre One, an average of 60 minutes a day were spent interacting with adults in "highly intellectual activities". (e.g. perceptual-motor learning, verbal-symbolic learning, concrete reasoning, expressive skills, and executive skills). Half of this interaction time was spent in the adult-individual mode. In Centre Two, an average of 39 minutes a day were spent interacting with adults in "highly intellectual activities". About a quarter of this interaction time was spent in the adult-individual mode.

In Centre One, both individual and group "highly intellectual" interactions occurred in freeplay and structured activity settings. Examples include incidental teaching and reading (freeplay), and work with plasticene and paint along with direct language teaching (structured activity). Most of the adult-individual highly intellectual interactions in Centre Two occurred in Freeplay, while nearly all such interactions in structured activity were adult-group. (This probably reflects the higher ratio of children to adults in Centre Two, where structured activity usually involved groups of six to ten compared to groups of no more than four at Centre One).

Techniques of Interaction Table three compares techniques of interaction in the two settings. Table ^{three} indicates that in the adult-individual mode substantial more use is made of teaching (9 vs. 1 minutes), facilitation (35 vs. 16 minutes) and observation (9 vs. 1 minutes) at Centre One than at Centre Two. Slightly more group teaching occurred at Centre Two, (21 vs. 19 minutes) while there was less group facilitation (16 vs. 29 minutes).

Teaching occurred at Centre One in both freeplay and structured activity settings. (The large amount of "teaching" in freeplay - 18 minutes - mostly represents reading to children.) Facilitation occurred in all settings except outside at Centre Two. The largest amounts of individual facilitation occurred in

occurred in freeplay. Observation occurred almost entirely at Centre One only, which may reflect both ratios of children to adults and the training of the staff.

Comparisons with Watts' Findings Table four compares Watts results with "A" and "C" children with findings from the two day care centres.

Although the total time devoted to individual adult-child interaction was lower at the day care centres than in Watts' "type A" homes, the total adult-individual interaction time devoted to activities likely to support advanced competence development (language, fine motor skills, sequenced executive activities and concrete mental operations) was about the same at centre one as in Watts' "A" homes (11% vs. 10%). At centre two about the same adult-individual time was devoted to these "highly intellectual activities" as in Watts' "C" homes - 4% vs. 3%. An additional ¹⁰ to ¹¹ _{of} waking hours involved adult-group interaction in these competence-supporting activities at each centre.

When techniques of interaction are considered, children in centre one spent more time in individual and group adult interactions classified as "teaching" (10%) and "facilitation" (23%) than children in Watts' "A" homes (4% and 18% for "teaching" and "facilitation" respectively). In the second centre, children also spent more time than children in Watts' "A" homes in "teaching" interactions (8% vs. 4%) but about the same time in "facilitation" interactions than children in Watts' "C" homes (12% vs. 11%). Children in Watts' "C" homes spent only 1% of time in "teaching" interactions. When only individual interactions with adults are considered, both centres fall below the levels reported in Watts' "A" homes. Centre one children spent 3% of time in individual "teaching" and 12% of time in individual "facilitative" activities.

What preliminary conclusions can we draw regarding this comparison of homes and day care centres as competence-supporting environments for toddlers? Although both centres fall below total levels of individual adult-child interaction achieved

in Watts' highly competence-supporting homes, centre one's provision of high levels of individual interaction in "highly intellectual" activities and nearly equal levels of "teaching" techniques combined with additional group interaction, may be sufficient to support development of high levels of competence in children. Fowler and Kahn's (1974) findings that children from the same centre retained cognitive and social gains by age five supports this conclusion.

The effects of experience in centre two are unknown. It should be noted that children in the second centre could not, as a group, be described as unhappy or noticeably retarded in their functioning. We did not undertake competence assessments as we felt that without longitudinal data and knowledge of home conditions, comparisons of competence levels of children in the two centres would be unfair.

Discussion

The Adult-group mode of interaction As indicated previously, a major difference between home and day care environments is the much-increased use of adult-group interaction in centres. Watts did not distinguish between 1:1 and group situations although examples she cites in definitions of categories make it clear that some interactions in her study certainly involved at least one other sibling. Differences in the impact of individual and group interactions, and effects of the size of groups on various outcomes would be fruitful topics for investigation. Outcome variables should include both non-social and social competencies. In this area, it is worth noting Fowler's (1970) observation that for some learning situations, group settings may be preferable.

Behaviour Setting Sampling During the course of the study, the investigators became aware of the critical importance of an adequate behaviour setting survey in the present study, no comparisons between children could be made, because time in behavior settings was not order to sample environmental effects. \ Shore's 1963 study of preschool ecology cont: similarly illustrates the importance of sampling all settings in a centre, and knowing the proportions of time children are in each setting. Research comparing the effects

of centres' use of different settings, and children's use of different settings on the development of behaviour and skills within centres would appear to be desirable.

Adult Responsiveness Future analyses of the present data will be concerned with the issue of adult responsiveness to children's initiatives. A cursory review of the data suggests that there are relatively few instances of direct requests for adult assistance or attention other than requests for food in eating settings. At Centre One, these appear to have been met. At Centre Two, there were even fewer requests. Centre One staff often initiated assistance before it was sought. It is possible that group care may tend not to encourage seeking support - either through low responsiveness or through anticipation of needs - and may in this sense, not build up social competencies. Further research on this problem would be useful.

Adult: Child Ratios The present research does not shed any systematic light on this contentious issue. At several points, we did note that ratio problems were probably related to differences noted between the two centres: e.g. relative times spent in transitional and eating settings, and more importantly, relative amounts of adult-individual and adult-group interaction. Clearly, the total amount of adult-individual interaction is limited by the adult:child ratio. In order to achieve the 32 per cent level reported by Watts in "A" homes, the obvious maximum ratio is 1:3. In reality, a lower ratio would be needed as not all an adult's time can be spent in 1:1 interaction. It is interesting to note that there was about 2.6 times as much adult individual interaction at centre one as at centre ^{two}, while there were approximately twice as many adults available at centre one. At centre two, the disposition of staff tended to place one responsible for playroom activities (including freeplay, structure activity and snacks - but not lunch) while the second staff member dealt with toilet and other routines. This effectively reduced opportunities for direct interaction.

Quality vs. Quantity of Interaction The preceeding observations regarding use of adult-individual interactions and dispositions of staff indicate that ratio alone does not determine the quality of day care environments. Similarly, data presented regarding differences between behaviour settings in nature of activities and techniques of interaction suggest that serious consideration must be given by day care supervisors to the impact of the relative use of different settings.

Assessment of the Direct Impact of Day Care Environments on the Development of Competence. The present research was concerned how two day care environments approximated home conditions associated with the development of social and non-social competencies. This research does not indicate whether provision of a competence-supporting environment in day care actually produces more competent children. (Fowler and Khan's research, cited previously, does suggest that the Centre One program supports above-average competence development. Fowler and Khan found no evidence that children in day care surpassed matched home-reared controls in the follow-up study). In order to examine the question of the impact of day care environments on development, and the related question of the relative impact of home and day care, longitudinal study of children including both home and day care settings would be necessary. In this regard, it is worth noting that a child in full-time day care spends about 50 per cent of his waking hours away from the day care centre.

References

- Ainsworth, M. D. S. and S. M. Bell. Mother-infant interaction and the development of competence in Connolly, K. and J. Bruner (Eds.) The Growth of Competence, New York, N.Y. Academic Press, 1974.
- Barber, R. Ecological Psychology. Stanford, California: Stanford University Press,
- Cazden, C. B. Two paradoxes in the acquisition of language structure and functions in Connolly, K. and J. Bruner (Eds.) The Growth of Competence, New York N.Y., Academic Press, 1974.
- Clarke-Stewart, A. K. Interactions between mothers and their young children: characteristics and consequences. Monogr. Soc. Res. Ch. Dev, 38, 1973, pp. 1-95.
- Fowler, W. The patterning of developmental learning processes in the nursery school in Biemiller, A. (Ed.), Problems in the Teaching of Young Children. Toronto, Canada: Ontario Institute for Studies in Education, 1970.
- Fowler, W. Developmental learning approach. Merrill-Palmer Quarterly, 18, 1972, pp. 145-175.
- Fowler, W. and N. Kahn. The Later Effects of Infant Group Care, Toronto, Canada. Ontario Institute for Studies in Education, Department of Applied Psychology 1974.
- Murphy, L. B. and Moriarity, A. Vulnerability, Coping and Growth: from Infancy to Adolescence. New Haven, Conn. Yale Univ. Press, 1976.
- Prescott, E. Who Thrives in Group Day Care? Pasadena, Calif.: Pacific Oaks College 1973
- Shure, M. B. Psychological ecology of a nursery school. Child Dev., 34, 1963, pp. 979-992.
- Thomas, A., S. Chess, and H. Birch. Temperament and Behavior Disorders in Children New York, N. Y.: New York University Press, 1968.
- White, B. L. and J. C. Watts. Experience and Environment, Vol. I, Englewood Cliffs, N.J.: Prentice Hall, 1973.

Figure 1 Watts' Classification of Competence-Supporting Aspects of Children's Activities

<u>Intellectual</u>	<u>Moderately Intellectual</u>	<u>Non-Intellectual</u>	<u>Social</u>
(Situations likely to lead to cognitive gain for the child)	(Situations of generalized experience that are not readily related to cognitive acquisition.)	(Routine situations that have little likelihood of promoting cognitive gain)	(Situations in which the primary focus is emotional expression, or social behavior).
<u>Verbal and symbolic learning.</u> spelling, counting, sentence attending to books, phonics, T.V., etc. <u>Conceptual, spatial and motor learning, e.g.</u> matching, dealing with distance, angles; fitting, molding; using binoculars, scissors, etc. <u>Concrete reasoning, e.g.</u> hide and seek", experimenting with categories, categorizing, making reflections, experimenting with mechanical systems, anticipating effects, <u>Expressive skills, e.g.</u> drawing, assigning roles to objects, making representational models with paint, blocks, telling stories, etc. <u>Executive skills, e.g.</u> following out instructions, following steps in a game, household chores. involve carrying out planned behaviour).	1. <u>Exploration and play with household items</u> e.g. getting into things, getting out pots and pans, misuse of property, etc. 2. <u>Play with toys, e.g.</u> manipulating or using toys, moving toys, abuse of toys. 3. <u>Exploration of nature.</u> Examining plants and flowers, watching fish or animals, walks in woods or parks, play with pets. 4. <u>Gaining general and routine information, e.g.</u> requests routine information, checking knowledge, statements of fact, children's T.V., adult T.V.	1. <u>Basic care, e.g.</u> eating, toilet, washing, dressing, etc. 2. <u>Gross motor activity, e.g.</u> crawling, walking, running, climbing, balancing, using playground equipment, etc. 3. <u>Unspecific behaviour</u> e.g. uncategorizable and wandering behaviour	1. <u>Positive emotional and social expression, e.g.</u> smiles, kisses, jumping up and down for joy, helping, comforting, statements (I love you, cookie for Jimmy, roughhousing, social games, etc. 2. <u>Negative emotional and social expression, e.g.</u> whining, crying, hitting, pushing, throwing, breaking, saying "I don't like you," "I'm scared", etc. 3. <u>Neutral emotional and social expression, e.g.</u> seeking emotional reassurances, seeking attention as end in itself, using greetings and other social forms for attention, etc.

Figure 2 Watts' Classification of Interaction Techniques

<u>Teaching</u>	<u>Facilitation</u>	<u>General Information Giving</u>	<u>Observation or Interpreting</u>	<u>Restriction</u>
<p>telling, explaining what child providing experiences</p>	<p>1. <u>Justification-Rationale</u> e.g. "because" statements, answers to "why", justification for directives.</p> <p>2. <u>Active participation</u> e.g. join in play or tasks, dramatizing, roughhousing, playful teasing</p> <p>3. <u>Suggestion, command, or consent.</u> e.g. requests, commands, suggestions, (including gestures), providing choices.</p> <p>4. <u>Positive reinforcement, affection.</u> e.g. praising, rewarding, showing pleasure, favorable comparison, hugging, say "I like you", defending, protecting, making excuses for</p> <p>5. <u>Focussing,</u> e.g. suggestions, physical redirection, which bring child back to ongoing activity.</p> <p>6. <u>Service or assistance.</u> (self-explanatory)</p> <p>7. <u>Providing materials.</u> (self-explanatory)</p> <p>8. <u>Changing location</u> e.g. any moving of child except to terminate activity.</p>	<p>e.g. Comments about routine facts, reminders about rules, low-level social conversation.</p>	<p>e.g. observing, checking up on child, listening to child, interpreting what child says, wants, or feels.</p>	<p>1. <u>Restriction-prohibition</u> e.g. saying "no" or "don't", ask child not to do something, refuse permission, etc.</p> <p>2. <u>Negative reinforcement, hostility,</u> e.g. blocking, or removing child or object, punishments, threats to punish, criticising, expressing disapproval, rejecting, derogatory comments, assaulting child, malicious teasing, avoiding child.</p> <p>3. <u>Distraction, ignoring</u> e.g. diverting, attention by providing alternatives, suggesting activity, talking about something else. Ignoring attention-seeking, (either intentionally or because of other demands.)</p> <p>4. <u>Refusal to help or comply.</u> e.g. refusing, postponing, suggesting that other person help. (Motive may be inconvenience, rather than objection to child's activity).</p>

Table 1. Estimated Average Time Spent in Behaviour
Settings in Each Centre (Winter, 1975) (based on
9:00-11:30 a.m. and 2:30-5:00 p.m.)

	Centre One		Centre Two	
	minutes	percent	minutes	percent
<u>Freeplay</u>	171.	57%	132.	44%
(upstairs)	(122)	(41%)		
(downstairs)	(49)	(17%)		
<u>Structured Activity</u>	35	12%	51	17%
<u>Outside</u>	33	11%	41	14%
<u>Eating</u>	34	11%	41	14%
<u>Transition</u>	15	5%	22	7%
<u>Toilet</u>	12	4%	13	4%
Total	300	100%	300	100%

Table 2 Minutes of Interaction by Centre, Type of Activity, Behaviour, Settings, and Interaction Mode.

Setting, Centre and Mode	Total Time in Inter- Setting Time	Total action Time	Highly Intell- ectual Activities	Moderately Intellectual Activities	Non-Intell- ectual Activities	Social Activities
<u>Freeplay</u>						
<u>Centre One</u>						
Indiv.	174	33	17	5	7	5
group	174	26	19	5	0	0
<u>Centre Two</u>						
indiv	132	13	9	1	1	1
group	132	1	1	0	0	0
<u>Structured Activity</u>						
<u>Centre One</u>						
indiv.	36	17	12	2	1	2
group	36	10	10	0	0	0
<u>Centre Two</u>						
indiv.	51	2	1	0	1	0
group	51	36	27	4	5	0
<u>Outside</u>						
<u>Centre One</u>						
indiv.	33	0	0	0	0	0
group	33	10	0	6	4	0
<u>Centre Two</u>						
indiv.	42	0	0	0	0	0
group	42	0	0	0	0	0
<u>Eating</u>						
<u>Centre 1</u>						
indiv.	33	5	0	0	4	0
group	33	0	0	0	0	0
<u>Centre 2</u>						
indiv.	42	5	1	0	5	0
group	42	1	0	0	1	0
<u>Total</u>						
<u>Centre 1</u>						
indiv.	276	57	29	8	12	7
group	276	48	31	12	5	0
<u>Centre 2</u>						
indiv.	267	20	11	1	7	1
group	267	38	28	4	6	0

Table 3. Minutes of Interaction by Centre, Technique of Interaction, Behaviour Setting, and Interaction Mode.

Setting, Centre and Mode	Total Time in Setting	Total Interaction Time	Teaching	Facili- tation	Routine Talk	Obser- vation	Restriction
<u>Freeplay</u>							
<u>Centre 1</u>							
indiv.	174	33	3	23	2	5	2
group	174	26	16	9	0	0	0
<u>Centre 2</u>							
indiv.	132	13	0	11	0	1	2
group	132	1	0	1	0	0	0
<u>Struct. Activity</u>							
<u>Centre 1</u>							
indiv.	36	17	4	8	1	4	1
group	36	10	2	8	0	0	0
<u>Centre 2</u>							
indiv.	51	2	1	1	0	0	1
group	51	36	21	14	0	0	0
<u>Outside</u>							
<u>Centre 1</u>							
indiv.	33	0	0	0	0	0	0
group	33	10	0	10	0	0	0
<u>Centre 2</u>							
indiv.	42	0	0	0	0	0	0
group	42	0	0	0	0	0	0
<u>Eating</u>							
<u>Centre 1</u>							
indiv.	33	5	0	4	0	0	0
group	33	0	0	0	0	0	0
<u>Centre 2</u>							
indiv.	42	5	0	1	0	0	1
group	42	1	0	1	0	0	0
<u>Total</u>							
<u>Centre 1</u>							
indiv.	276	57	9	35	2	9	2
group	276	48	19	29	0	0	0
<u>Centre 2</u>							
indiv.	267	20	1	16	0	1	4
group	267	38	21	16	0	0	1

Table 4. Comparison of Percentages of Time Spent By 21-26 Month Old Children with Adults in Good and Poor Homes (Watts' data) and in Two Day Care Centres - By Activity and Interaction Technique

	Per Cent Total Time Spent Interacting with Adults	Highly Intel.	Moderately Intel.	Non-Intell- ectual	Social	Teach.	Facil- itate	Routine Talk	Obser- vation	Restrict- ion
es "A" Homes ¹	32	10	10	11	2	4	18	3	5	4
es "C" Homes ¹	22	3	10	7	2	1	11	1	4	6
re 1										
Div. Inter- ction	21	11	3	4	3	3	13	1	3	1
oup Inter- ction	18	11	4	2	0	7	11	0	0	0
oined	38	22	7	6	3	10	23	2	3	1
re 2										
Div. Inter- ction	7	4	0	3	1	0	6	0	0	4
oup Inter- ction	14	10	1	2	0	8	6	0	0	0
oined	22	15	2	5	1	8	12	0	0	4

ased on tables 48 and 49 (pp. 184-185) in White, B. and Watts, J.C. Experience and Environment, Englewood Cliffs, N.J.: Prentice Hall, 1973.